



Open 25 Mile TT Keswick – L2511

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Sunday 28th August 2022

Event organiser: David Gleave

Tel 07736675678 email gleavedavid1@gmail.com

First rider off: 09:01hrs

Timekeeper: Mrs Tracey Moore

Assistant: Mr Tim Houghton

Event HQ

Eaglesfield Village Hall Hotchberry Brow, Cockermouth CA13 0RN. The HQ is approximately 2 miles from the start and will be open from 08:00.

Route from HQ to start

From Eaglesfield village hall turn left to meet the A5086 left again to A66 roundabout turn right heading for Keswick. Start is in layby just over 1/2 mile from roundabout.

Course details

START at painted mark on kerb against drain at east end of the first lay-by to the east of Simonscales Bridge over the A66. This lay-by is 0.75 miles from the roundabout junction with the A5086 Cockermouth/Egremont road. Proceed from the start along the A66 in an easterly direction to the A591 Keswick/Bothel roundabout junction (12.1 miles). Encircle roundabout and retrace along the A66 to the roundabout at the Cockermouth/Egremont junction (24.8 miles) where turn left taking the A5086 Egremont road to FINISH beyond entrance to The Sheep Centre at painted mark in line with large A5086 sign (25 miles).

The following Local Regulations have been approved by the national Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local regulation No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local regulation No. 6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No. 9: No parking on the A66 except in a designated lay-by. No competitor parking in the Start/Finish lay-by on any A66 course

Local regulation No. 10: Warming up on the course is not permitted during the duration of the event

Local regulation No. 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

In Addition to the above

Riders must give their number at the finish and elsewhere on the course if requested. Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations). Riders must NOT ride with their heads down.

CTT Regulation 14 Competitors Machine – Lights NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users.

Helmets: All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15)

17. Signing-on Sheet and Signing-out Sheet In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.



AWARDS- subject to variation, one rider one prize,

	1st	2nd	3rd
Overall	£35	£20	£10
Ladies	£35	£20	£10
Jun/Juv	£20		
Vet 40	£20	£15	
Vet 50	£20	£15	
Vet 60	£20		
Vet 70	£20		

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

I look forward to seeing you on Sunday, have a fast and safe ride.

Many thanks,

David